



WIG

The Whitehall & Industry Group
connecting the sectors



Development Seminar Calendar

October – March 2020

Seminars are a full day and include lunch. Where stated, a follow up coaching session is included. To book any seminar or find out further details please visit www.wig.co.uk/seminars

October

Thursday 17 | Tell it Like TED

Location: Central London | Member Fee: £450 + VAT

We all know an impressive presentation or a skilled communicator when we see one. A great talk is enthralling, inspiring and often motivating. Thanks to the speakers at TED there is an encyclopaedia-like resource for all of us to learn from. This seminar considers the structure and delivery skills required for an engaging talk, as well as each speaker's individual style. TED style of delivery offers you the opportunity to hone your story telling skills and communicate the best version of yourself authentically.

January

Tuesday 14 | Women's Leadership: Understanding Yourself

Location: Central London | Member Fee: £650 + VAT

The most effective leaders are those who have a high level of self-awareness. Being aware of your own emotions and knowing how to express them enables you to build and develop strong and productive relationships. The ability to respond to challenging situations in a balanced and emotionally effective way will ensure you get the best out of yourself and those around you. Your decision-making and stress management is underpinned by your emotional intelligence. Understanding how your emotions are holding you back will enable you to take action to ensure you truly are the best version of yourself.

Includes a follow-up one-to-one coaching session

Thursday 23 | Enhancing Personal Impact and Presence

Location: Central London | Member Fee: £450 + VAT

This highly practical and interactive workshop is for people who want to maximise their presence and impact. If you want to make dynamic interventions, influence others at meetings, or deliver difficult messages, this session is for you. It will explore not what we say – but how we say it.

February

Wednesday 26 | The Secrets of Group Dynamics

Location: Central London | Member Fee: £450 + VAT

This seminar is a must if you are interested in raising your awareness of what really goes on when more than two people are communicating. From a practical point of view it is about claiming the power in a group, closing down the over-talkative in a more elegant way, and encouraging the wallflowers.

Thursday 5 | Tell it Like TED

Location: Central London | [Member Fee: £450 + VAT](#)

We all know an impressive presentation or a skilled communicator when we see one. A great talk is enthralling, inspiring and often motivating. Thanks to the speakers at TED there is an encyclopaedia-like resource for all of us to learn from. This seminar considers the structure and delivery skills required for an engaging talk, as well as each speaker's individual style. TED style of delivery offers you the opportunity to hone your story telling skills and communicate the best version of yourself authentically.

Wednesday 12 | Women's Leadership: Wellbeing – Drawing on my resources

Location: Central London | [Member Fee: £650 + VAT](#)

If you want to be at your best both in work and at home within your family unit, then this seminar is a must for you to ensure you are in total control of your health and wellbeing. With growing demands on women who often now work in demanding jobs and maintain caring and domestic responsibilities, alongside an upsurge in mental health issues such as anxiety, depression and eating disorders, it has become increasingly relevant to look after your own wellbeing. However, looking after yourself often comes last on your list of priorities. Being able to draw on resources to ensure you maintain a balance, is essential for your wellbeing. **Includes a follow-up one-to-one coaching session**

Wednesday 18 | Enhancing Personal Impact and Presence

Location: Central London | [Member Fee: £450 + VAT](#)

This highly practical and interactive workshop is for people who want to maximise their presence and impact. If you want to make dynamic interventions, influence others at meetings, or deliver difficult messages, this session is for you. It will explore not what we say – but how we say it.

For future seminar dates please see: www.wig.co.uk/seminars . For more information on any of our seminars, to discuss how we may adapt these to your organisation or to opt in to our mailing list for new development opportunities, please contact the Leadership Team at: seminars@wig.co.uk