



**WIG**

The Whitehall & Industry Group  
connecting the sectors



# WIG Development Seminar

## Women's Leadership: Influence and Resilience (includes follow-up coaching session)

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| <b>Date</b>         | This seminar runs regularly please check the website for details |
| <b>Venue</b>        | Central London   |
| <b>Facilitators</b> | Hilary Danelian and Ruth Morris                                  |

This seminar is one of a series which focus on helping women leaders grow and develop. It is designed and delivered by women, for women. The intention is to equip women leaders with resources to help them lead in increasingly challenging times. This seminar works as a stand-alone event and is also one of a series of three linked seminars. Through participating in these intensive events, women leaders will gain deeper insights into their strengths and talents and enhance the impact they have at work. This seminar focuses on helping women become more influential and on building confidence and resilience to support them in their careers and lives.

To communicate with influence it is vital to engage both hearts and minds. This seminar provides a practical tool to help you understand others and so be better able to influence them. If people feel understood, they are more open to influence. The tool helps us understand and appreciate difference, without compromising who we are. The use of energy, and conserving energy, is a theme of this seminar. That is the root of resilience. As women we may have many things draining our energy and affecting our resilience. During this seminar we explore how to retain resilience, to feel energised and optimistic, as we manage all the elements of our lives and work.

### Seminar Content

This seminar explores how you can become more influential. It also creates space for you to reflect on yourself and your energy. We will explore how to focus on what is important, letting go of things that no longer work for you and allocating more time to areas that give you energy rather than drain it. The aim is to build confidence and resilience to help you survive and thrive – at work and beyond.

The content will include:

- a practical influencing model that you will be able to apply immediately
- an exercise to identify confidence drainers and how to deal with them
- an exercise on letting go
- tools to help build resilience

### Facilitators

*Our facilitators bring a depth of understanding of leadership development combined with a passion for helping women release their potential and a practical common sense approach.*

**Hilary Danelian FCIPD.** Hilary is a highly qualified coach, facilitator and HR professional with over 20 years' experience. Prior to this she was Challenging, creative, and pragmatic, she is renowned for delivering results. Her coaching clients are senior leaders from a range of organisations including: Rolls-Royce plc; HM Treasury;

Interflora; Royal Bank of Scotland; Homes and Communities Agency; Ministry of Justice; and DWP.

**Ruth Morris MA MCIPD** Ruth is a respected coach with 20 years experience of running a consulting business. She is known for challenging leaders to perform better, transforming their effectiveness. Clients include: Hewlett Packard; Independent TV Companies; Royal Bank of Scotland; Jaguar Land Rover; ABN Amro; HM Revenue & Customs; and Ministry of Defence..

## What other women have said about this seminar

*"Very positive and approachable presenters. Great bunch of individuals to share thoughts with"*  
Andrea Buckle, Licencing Manager, Ordnance Survey

*"A great experience and learning opportunity"* Hanneilie Gilmour, Head of Portfolio Delivery, Standard Life

*"An excellent day, Truly thought-provoking"*  
Christine Salmon Percival, Deputy Head of Lords Legislation Office , House of Lords

*"Really great! Ruth and Hilary offer an opportunity to take yourself out of your normal day and approach issues with fresh eyes"* Elizabeth Anastasi, Economic Advisor, Department of Business, Innovation and Skills

*"A really valuable day away to think about how my own resilience can be developed to make me a more insightful and inspiring leader"* Anon (private sector delegate)

## Target audience

Experienced managers from the public, private and voluntary sectors who wish to explore their leadership potential and challenges in a safe environment within a small supportive yet diverse group of women.

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| <b>Venue and timing</b>    | The seminar will be in Central London and will run from 09:30 to 16:30   |
| <b>Fee</b>                 | <b>Member Fee</b> : £650 + VAT per delegate. <b>Leadership Programmes Alumni rate</b> : £499 + VAT or £350 + VAT if you bring along a colleague paying the full fee. <b>Non- member fee</b> : £775 + VAT. (Non-members must pay in full before the event) <b>Voluntary sector rate</b> : £499 + VAT. <b>Rates include refreshments, lunch and a comprehensive workbook PLUS a one-hour follow-up coaching session.</b> |
| <b>How do I apply?</b>     | Please complete our online application form at <a href="http://www.wig.co.uk">www.wig.co.uk</a><br>Priority will be given to those who apply early, subject to the need to ensure there is a good mix of organisations represented in the delegate group.  |
| <b>Cancellation policy</b> | No refund is payable if you cancel within 21 days of the seminar, although we will accept a replacement delegate if you are unable to attend.  |